

**BURNT HILLS DELUGE  
CROSS COUNTRY  
RACE SUMMARY**

**BURNT HILLS X - C INVITATIONAL  
OCTOBER 13, 2018  
SARATOGA SPA STATE PARK  
FROSH 1.7 MILES VARSITY / JV 3.04 MILES**

| VARSITY BOYS |                 |      | 194 RUNNERS |      | Mid 50's, Partly Cloudy w/ Some Sun, Light Shower |          |         |
|--------------|-----------------|------|-------------|------|---|----------|---------|
| No.          | Name            | Year | Time        | Pace | Course PR   | OA Place | 2017    |
| 1            | Tyler Berg      | SR   | 14:48       | 4:52 | NEW (10 SEC.)                                     | 1        | 15:03   |
| 2            | Aidan Gillooley | SR   | 15:02       | 4:56 | 15:02   | 2        | 15:10   |
| 3            | Evan Brennan    | SR   | 15:17       | 5:01 | 15:16   | 4        | 15:25   |
| 4            | Nick Hunziker   | SR   | 15:36       | 5:07 | NEW (22 SEC.)                                     | 16       | 16:32   |
| 5            | David Metacarpa | JR   | 15:48       | 5:11 | 15:17   | 21       | 15:39   |
| 6            | Kevin Board     | JR   | 16:13       | 5:20 | 16:10   | 34       | 16:10   |
| 7            | Dante Ubriaco   | JR   | 16:29       | 5:25 | NEW (11 SEC.)                                     | 52       | 16:48   |
| 8            | Mikhail Troyan  | JR   | 16:39       | 5:28 | NEW (35 SEC.)                                     | 62       | 17:14   |
| 9            | Jayden Kaptein  | JR   | 18:20       | 6:01 | NEW (15 SEC.)                                     | 148      | DNR     |
| 10           | Aaron Hernandez | SO   | 20:38       | 6:47 | NEW   | 186      | F/12:41 |

**TEAM SCORING (24 Teams)**

|   |                 |     |
|---|-----------------|-----|
| 1 | BH-BL           | 44  |
| 2 | Essex, VT       | 96  |
| 3 | Xavier          | 138 |
| 4 | Guilderland     | 153 |
| 5 | Washingtonville | 177 |

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| <b>TEAM AVE TIME</b> |
| 15:18                |
| 1-5 SPR: 60 SEC.     |

| JV BOYS "A" RACE |                    |      | 167 RUNNERS |      | Low 50's, Cool, Cloudy w/ Some Sun |          |         |
|------------------|--------------------|------|-------------|------|------------------------------------|----------|---------|
| No.              | Name               | Year | Time        | Pace | Course PR                          | OA Place | 2017    |
| 1                | Ryan Sheppard      | SR   | 16:57       | 5:34 | NEW (4 SEC.)                       | 1        | 17:01   |
| 2                | Zachary Scribner   | JR   | 16:58       | 5:34 | NEW (42 SEC.)                      | 2        | 17:40   |
| 3                | Matthew Sinnenberg | SR   | 17:11       | 5:39 | NEW (13 SEC.)                      | 6        | 17:24   |
| 4                | Jake Gnat          | SO   | 17:32       | 5:46 | NEW                                | 18       | F/10:58 |
| 5                | Willard Gideon     | SR   | 17:34       | 5:46 | NEW (17 SEC.)                      | 20       | 17:51   |
| 6                | Nick Breton        | SR   | 17:37       | 5:47 | NEW (17 SEC.)                      | 21       | 19:23   |
| 7                | Sean Stewart       | SR   | DNF         | --   | 17:41                              | --       | 17:41   |

**TEAM SCORING (23 Teams)**

|   |                 |     |
|---|-----------------|-----|
| 1 | Xavier          | 39  |
| 2 | BH-BL           | 47  |
| 3 | Guilderland     | 101 |
| 4 | Monroe-Woodbury | 125 |
| 5 | Ballston Spa    | 132 |

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| <b>TEAM AVE TIME</b> |
| 17:14                |
| 1-5 SPR: 37 SEC.     |

| JV BOYS "B" RACE |                |      | 196 RUNNERS |      | Low 50's, Cool, Cloudy |          |         |
|------------------|----------------|------|-------------|------|------------------------|----------|---------|
| No.              | Name           | Year | Time        | Pace | Course PR              | OA Place | 2017    |
| 1                | Ryan Leech     | SR   | 17:53       | 5:52 | 16:39                  | 4        | 17:53   |
| 2                | Max Hussey     | SR   | 18:14       | 5:59 | 17:20                  | 8        | 18:19   |
| 3                | Jack Ormsbee   | JR   | 18:37       | 6:07 | NEW (33 SEC.)          | 17       | 19:10   |
| 4                | Collin Brady   | SR   | 18:39       | 6:08 | NEW (19 SEC.)          | 18       | 18:58   |
| 5                | Alex Carr      | JR   | 19:24       | 6:22 | 19:17                  | 34       | 21:45   |
| 6                | Avery Belanger | SO   | 20:42       | 6:48 | NEW                    | 79       | F/12:38 |
| 7                | TJ Thomas      | JR   | 22:15       | 7:19 | NEW (102 SEC.)         | 125      | DNR     |
| 8                | J. Fugal       | SO   | 22:48       | 7:30 | NEW                    | 133      | DNR     |
| 9                | Sam Semon      | SR   | 23:04       | 7:35 | 21:56                  | 138      | 22:45   |
| 10               | Justin Ronca   | SO   | 29:35       | 9:43 | NEW                    | 188      | DNR     |

**TEAM SCORING (18 Teams)**

|   |                 |     |
|---|-----------------|-----|
| 1 | Xavier          | 43  |
| 2 | Monroe-Woodbury | 65  |
| 3 | BH-BL           | 79  |
| 4 | Ballston Spa    | 87  |
| 5 | Greece Arcadia  | 141 |

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| <b>TEAM AVE TIME</b> |
| 18:33                |
| 1-5 SPR: 91 SEC.     |

DNR J. Shell (21:43) / C. Chrzan (23:04) / N. Martindale (F/13:01) //

| FROSH BOYS |                |      | 87 RUNNERS |      | High 40's, Cool, Cloudy, Showers |          |       |
|------------|----------------|------|------------|------|----------------------------------|----------|-------|
| No.        | Name           | Year | Time       | Pace | Course PR                        | OA Place | 2017  |
| 1          | Nick Grock     | FR   | 10:19      | 5:34 | NEW (81 SEC.)                    | 1        | 11:40 |
| 2          | Ryan Allison   | FR   | 10:24      | 5:37 | NEW                              | 2        | DNR   |
| 3          | Matthew Rounds | 8    | 10:48      | 5:50 | NEW (31 SEC.)                    | 5        | 11:19 |
| 4          | Alec Darling   | FR   | 11:16      | 6:05 | NEW (67 SEC.)                    | 7        | 12:33 |
| 5          | Keller Casey   | 8    | 11:30      | 6:12 | NEW (40 SEC.)                    | 10       | 12:18 |
| 6          | C. McCloskey   | FR   | 12:48      | 6:55 | 12:43                            | 45       | 12:43 |
| 7          | K. Chrzan      | FR   | 12:57      | 7:00 | NEW (89 SEC.)                    | 51       | 14:39 |
| 8          | K. Brown       | FR   | 13:10      | 7:07 | NEW                              | 57       | DNR   |

**TEAM SCORING (7 Teams)**

|   |                 |     |
|---|-----------------|-----|
| 1 | BH-BL           | 25  |
| 2 | Monroe-Woodbury | 66  |
| 3 | Bethlehem       | 70  |
| 4 | Northport       | 72  |
| 5 | Guilderland     | 134 |

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| <b>TEAM AVE TIME</b> |
| 10:51                |
| 1-5 SPR: 72 SEC.     |

