

**BURNT HILLS DELUGE**

**CROSS COUNTRY**

**RACE SUMMARY**

**DUAL MEET**

**BALLSTON SPA / NISKAYUNA / SHAKER AT BH-BL**

**SEPTEMBER 25, 2018**

**SARATOGA SPA STATE PARK**

**PEERLESS POOL X - C COURSE**

**FROSH 1.55 MILES VARSITY / JV 3.05 MILES**

VARSITY BOYS			28 Runners	LOW 50's, CLOUDY, SOME RAIN			10/3/17
No.	Name	Year	Time	Pace	Course PR	OA Place	Time
1	Evan Brennan	SR	15:43	5:09	NEW	1	15:37
2	Tyler Berg	SR	15:43	5:09	NEW	2	15:25
3	Aidan Gillooley	SR	16:22	5:21	NEW	6	16:20
4	Nick Hunziker	SR	16:22	5:21	NEW	7	DNF
5	David Metacarpa	JR	16:28	5:23	NEW	8	15:55
6	Kevin Board	JR	16:46	5:29	NEW	11	16:32
7	Dante Ubrico	JR	17:39	5:47	NEW	20	17:36

**TEAM SCORING**

BH-BL 18      BH - BL 15  
BALLSTON SPA 40      SHAKER 44

**TEAM AVE. TIME**  
16:07

1 - 5 SPR: 45 SEC.

BH - BL 21      **RECORD**  
NISKAYUNA 39      8 - 0

JV BOYS			42 Runners	LOW 50's, CLOUDY, SOME RAIN			10/3/17
No.	Name	Year	Time	Pace	Course PR	OA Place	Time
1	Ryan Sheppard	SR	17:28	5:43	NEW	1 JV / 18	17:34
2	Mikhail Troyan	JR	17:39	5:47	NEW	2 JV / 22	17:39
3	Nick Breton	SR	18:22	6:01	NEW	4 JV / 28	19:04
4	Matthew Sinnenberg	SR	18:23	6:01	NEW	5 JV / 29	17:58
5	Max Hussey	SR	18:52	6:11	NEW	12 JV / 36	18:59
6	Jake Gnat	SO	18:54	6:11	NEW	13 JV / 37	DNR
7	Willard Gideon	SR	18:58	6:13	NEW	14 JV / 39	19:26
8	Jack Ormsbee	JR	19:55	6:31	NEW	22 JV / 50	20:37
9	Alex Carr	JR	20:34	6:44	NEW	25 JV / 53	2 mi. / 14:35
10	Aaron Hernandez	SO	22:49	7:28	NEW	35 JV / 63	F13:16
11	Avery Belanger	SO	23:04	7:33	NEW	37 JV / 65	F12:38
12	Nathan Martindale	SO	24:43	8:06	NEW	40 JV / 68	F13:45
13	Sam Semon	SR	25:40	8:24	NEW	42 JV / 70	DNR

**TEAM SCORING**

BH - BL 21      BH - BL 18  
BALLSTON SPA 35      SHAKER 45

**TEAM AVE. TIME**  
18:08

1 - 5 SPR: 84 SEC.

BH - BL 15      **RECORD**  
NISKAYUNA 49      7 - 1

DNR Z. Scribner / R. Leech / C. Brady / S. Stewart / J. Kaptein / J. Shell / TJ Thomas / C. Chrzan / J. Fugal / J. Ronca //

FROSH BOYS			39 Runners	LOW 50's, CLOUDY, SOME RAIN			10/3/17
No.	Name	Year	Time	Pace	Course PR	OA Place	Time
1	Nicholas Grock	FR	8:14	5:18	NEW	1	DNR
2	Matthew Rounds	8	8:44	5:38	NEW	4	DNR
3	Alec Darling	FR	9:06	5:52	NEW	5	DNR
4	Keller Casey	8	9:10	5:54	NEW	6	DNR
5	Charlie McCloskey	FR	10:30	6:46	NEW	15	DNR

**TEAM SCORING**

BH-BL 15      BH-BL 15  
BALLSTON SPA INC.      SHAKER INC.

**TEAM AVE. TIME**  
9:08

1 - 5 SPR: 136 SEC.

BH-BL 28      **RECORD**  
NISKAYUNA 29      7 - 1

DNR R. Allison / K. Chrzan / K. Brown //

