

**BURNT HILLS DELUGE
CROSS COUNTRY
RACE SUMMARY**

**SUBURBAN COUNCIL CHAMPIONSHIPS
OCTOBER 29, 2016
SARATOGA SPA STATE PARK
FROSH 1.7 MILES VARSITY / JV 3.04 MILES**

| VARSITY BOYS | | | 104 RUNNERS | | Low 50's, Cloudy, Cool | | |
|--------------|----------------------|------|--------------|-------------|------------------------|-----------|--------------|
| No. | Name | Year | Time | Pace | Course PR | OA Place | BH INVY |
| 1 | Evan Brennan | SO | <u>15:21</u> | 5:02 | NEW (17 SEC.) | 4 | 15:38 |
| 2 | Aidan Gillooley | SO | 15:43 | 5:10 | NEW (7 SEC.) | 13 | 15:50 |
| 3 | David Metacarpa | FR | 15:45 | 5:10 | NEW (57 SEC.) | 14 | F10:05 |
| 4 | Michael Bashant | SR | <u>15:57</u> | 5:14 | NEW (7 SEC.) | 19 | 16:04 |
| 5 | <u>Nick Hunziker</u> | SO | <u>16:11</u> | <u>5:19</u> | <u>NEW (11 SEC.)</u> | <u>26</u> | <u>17:23</u> |
| 6 | Luke Gobel | SR | 16:14 | 5:20 | NEW (7 SEC.) | 33 | 16:21 |
| 7 | Michael Messere | JR | 16:14 | 5:20 | NEW (25 SEC.) | 34 | 17:36 |

DNR T. Berg (15:34) //

TEAM SCORING (15 Teams)

| | | |
|---|------------------|-----------|
| 1 | Saratoga | 43 |
| 2 | <u>BH-BL</u> | <u>72</u> |
| 3 | Shenendehowa | 84 |
| 4 | <u>Niskayuna</u> | <u>94</u> |
| 5 | Guilderland | 121 |
| 6 | Bethlehem | 136 |
| 7 | Colonie | 194 |

TEAM AVE TIME

15:47

1-5 SPR: 50 SEC.

| JV BOYS RACE | | | 212 RUNNERS | | Low 50's, Cloudy, Cool | | |
|--------------|----------------------|------|--------------|-------------|-------------------------|------------|--------------|
| No. | Name | Year | Time | Pace | Course PR | OA Place | BH INVY |
| 1 | Kevin Board | FR | 16:33 | 5:26 | NEW | 5 | F10:23 |
| 2 | Ryan Leech | SO | <u>16:39</u> | 5:28 | NEW PR (33 SEC.) | 7 | 17:12 |
| 3 | Colin Swain | JR | 17:00 | 5:35 | NEW (5 SEC.) | 19 | 17:05 |
| 4 | Logan Short | JR | 17:04 | 5:36 | NEW (1 SEC.) | 23 | 17:05 |
| 5 | <u>Bobby Killeen</u> | SR | <u>17:05</u> | <u>5:37</u> | <u>NEW (13 SEC.)</u> | <u>24</u> | <u>17:41</u> |
| 6 | Jack Test | SR | 17:13 | 5:39 | NEW (34 SEC.) | 30 | DNR |
| 7 | <u>Max Hussey</u> | SO | <u>17:20</u> | <u>5:42</u> | <u>NEW PR (15 SEC.)</u> | <u>33</u> | <u>17:35</u> |
| 8 | Ryan Sheppard | SO | 17:31 | 5:45 | NEW (10 SEC.) | 41 | 17:41 |
| 9 | Nick Breton | SO | <u>17:54</u> | 5:53 | NEW (26 SEC.) | 54 | 18:20 |
| 10 | Willard Gideon | SO | 18:17 | 6:00 | NEW (113 SEC.) | 69 | DNR |
| 11 | Josh Jones | JR | 18:18 | 6:01 | NEW (18 SEC.) | 70 | 18:36 |
| 12 | Matthew Sinnenberg | SO | <u>18:36</u> | 6:07 | NEW (1 SEC.) | 79 | 18:37 |
| 13 | Collin Brady | SO | 19:20 | 6:21 | 19:15 | 118 | 19:15 |
| 10 | Gabriel LoBaido | JR | 19:35 | 6:26 | 18:51 | 127 | 18:51 |
| 11 | Jack Widrig | SR+ | 19:37 | 6:27 | NEW (44 SEC.) | 129 | 20:21 |
| 12 | Jacob Shell | SO | 21:48 | 7:10 | NEW (48 SEC.) | 176 | 22:36 |
| 13 | <u>Sam Semon</u> | SO | <u>25:10</u> | <u>8:16</u> | <u>24:32</u> | <u>206</u> | <u>24:32</u> |

DNR D. Ubriaco (F10:19) / S. Stewart (18:10)

TEAM SCORING (15 Teams)

| | | |
|---|------------------|------------|
| 1 | Shenendehowa | 26 |
| 2 | Saratoga | 61 |
| 3 | <u>BH-BL</u> | <u>78</u> |
| 4 | Guilderland | 79 |
| 5 | <u>Niskayuna</u> | <u>178</u> |
| 6 | Bethlehem | 179 |
| 7 | Colonie | 187 |

TEAM AVE TIME

16:52

1-5 SPR: 32 SEC.

| FROSH BOYS | | | 94 RUNNERS | | Low 50's, Cloudy, Cool | | |
|------------|---------------------|------|--------------|-------------|------------------------|-----------|--------------|
| No. | Name | Year | Time | Pace | Course PR | OA Place | BH INVY |
| 1 | Mikhail Troyan | FR | 11:04 | 5:58 | NEW PR (13 SEC.) | 20 | 11:17 |
| 2 | Zackary Scribner | FR | 11:31 | 6:13 | NEW PR (9 SEC.) | 39 | 11:40 |
| 3 | Jayden Kaptein | FR | 11:32 | 6:14 | NEW PR (13 SEC.) | 40 | 11:45 |
| 4 | William Ogden | FR | <u>11:46</u> | 6:21 | NEW PR (14 SEC.) | 49 | <u>12:00</u> |
| 5 | <u>Jack Ormsbee</u> | FR | <u>12:21</u> | <u>6:40</u> | <u>12:17</u> | <u>64</u> | <u>12:17</u> |

DNR TJ Thomas (14:27) //

TEAM SCORING (9 Teams)

| | | |
|---|------------------|------------|
| 1 | Shenendehowa | 24 |
| 2 | Saratoga | 52 |
| 3 | Niskayuna | 66 |
| 4 | <u>BH-BL</u> | <u>139</u> |
| 5 | Colonie | 150 |
| 6 | Shaker | 199 |
| 7 | <u>Bethlehem</u> | <u>205</u> |

TEAM AVE TIME

11:38

1-5 SPR: 77 SEC.