

BURNT HILLS DELUGE
CROSS COUNTRY
RACE SUMMARY

NYS FEDERATION CHAMPIONSHIPS
SATURDAY, NOVEMBER 19, 2016
BOWDOIN PARK // WAPPINGERS FALLS
5 K / 3.1 MILES

VARSITY BOYS		246 RUNNERS			HIGH 40'S, SUNNY		
No.	Name	Year	Time	Pace	Course PR	OA Place	TEAM Place
1	Evan Brennan	SO	16:35	5:20	NEW (56 SEC.)	14	9
2	Tyler Berg	SO	16:44	5:23	NEW	21	13
3	Aidan Gillooley	SO	17:01	5:29	NEW (38 SEC.)	39	25
4	David Metacarpa	FR	17:26	5:37	NEW	73	43
5	<u>Michael Bashant</u>	<u>SR</u>	<u>17:44</u>	<u>5:43</u>	<u>17:26</u>	<u>103</u>	<u>64</u>
6	Luke Gobel	SR	18:06	5:50	17:46	155	105
7	<u>Nick Hunziker</u>	<u>SO</u>	<u>18:35</u>	<u>5:59</u>	<u>18:09</u>	<u>206</u>	<u>146</u>

TEAM SCORING (26 Teams)

1	Watkins Glen	145
2	<u>BH - BL</u>	<u>154</u>
3	Warwick Valley	189
4	Somers	213
5	<u>Chaminade</u>	<u>230</u>
6	St. Peter's	233
7	Mount Academy	235
8	Arlington	275
9	Guilderland	282
10	<u>Ithaca</u>	<u>283</u>
11	Xavier	291
12	Northport	305
13	Ward Melville	307
14	Shenendehowa	307
15	St. Anthony's	346
16	St. John the Baptist	349
17	Penfield	368
18	Niskayuna	402
19	Trinity	414
20	St. Joe's - Buffalo	415
21	Syosset	421
22	<u>Maple Grove</u>	<u>487</u>

TEAM AVE. TIME

17:06

1 - 5 SPR: 69 SEC.