

BURNT HILLS DELUGE

CROSS COUNTRY

RACE SUMMARY

DUAL MEET

BH - BL / NISKAYUNA/ SARATOGA AT BALLSTON SPA

OCTOBER 18, 2016

MALTA TECH PARK ATHLETIC FIELDS

FROSH 1.5 MILES VARSITY / JV 2.97 MILES

VARSITY BOYS		28 Runners			Low 80's, Sunny	
No.	Name	Year	Time	Pace	Course PR	OA Place
1	Tyler Berg	SO	<u>15:58</u>	5:22	NEW	3
2	Evan Brennan	SO	16:10	5:26	NEW	6
3	David Metacarpa	FR	16:14	5:27	NEW	8
4	Aidan Gillooley	SO	16:47	5:39	NEW	14
5	Luke Gobel	SR	<u>16:59</u>	5:43	NEW	17
6	Michael Bashant	SR	17:29	5:53	NEW	21
7	Logan Short	JR	<u>17:45</u>	5:58	NEW	25

TEAM SCORING

SARATOGA 23

BH - BL 33

NISKAYUNA 26

BH - BL 30

BH - BL 16

BALLSTON SPA 41

TEAM AVE. TIME  
16:25

1 - 5 SPR: 61 SEC.

RECORD

13 - 2

DNR N. Hunziker //

JV BOYS		58 Runners			Low 80's, Sunny	
No.	Name	Year	Time	Pace	Course PR	OA Place
1	Max Hussey	SO	17:33	5:54	NEW	5
2	Ryan Leech	SO	17:46	5:58	NEW	6
3	Ryan Sheppard	SO	17:47	5:59	NEW	7
4	Bobby Killeen	SR	17:52	6:00	NEW	8
5	Michael Messere	JR	<u>18:06</u>	6:05	NEW	9
6	Colin Swain	JR	18:51	6:20	NEW	16
7	Nick Breton	SO	<u>19:05</u>	6:25	NEW	19
8	Matthew Sinnenberg	SO	19:54	6:42	NEW	32
9	Collin Brady	SO	20:03	6:45	NEW	33
10	Sean Stewart	SO	20:25	6:52	NEW	39
11	Jack Widrig	SR +	<u>21:39</u>	7:17	NEW	(46)

TEAM SCORING

BH - BL 25

SARATOGA 33

BH - BL 25

NISKAYUNA 34

BH - BL 15

BALLSTON SPA 47

RECORD

14 - 1

TEAM AVE TIME  
17:48

1 - 5 SPR: 33 SEC.

DNR J. Test / G. LoBaido / J. Jones / W. Gideon / J. Shell / S. Semon //

FROSH BOYS		29 Runners			Low 80's, Sunny	
No.	Name	Year	Time	Pace	Course PR	OA Place
1	Kevin Board	FR	8:02	5:21	NEW	2
2	Dante Ubraico	FR	8:06	5:24	NEW	5
3	Mikhail Troyan	FR	8:55	5:56	NEW	18
4	Jayden Kaptein	FR	8:56	5:57	NEW	19
5	Jack Ormsbee	FR	<u>10:21</u>	6:54	NEW	28
6	TJ Thomas	FR	<u>12:12</u>	8:08	NEW	29

TEAM SCORES

SARATOGA 23

BH - BL 38

NISKAYUNA 23

BH-BL 38

BH-BL 15

BALLSTON SPA NT

RECORD

10 - 5

TEAM AVE TIME  
8:29

1 - 5 SPR: 83 SEC.

DNR Z. Scribner / W. Ogden //