

**BURNT HILLS SPARTANS
CROSS COUNTRY
RACE SUMMARY**

**SUBURBAN X - C CHAMPIONSHIPS
OCTOBER 25, 2014
SARATOGA SPA STATE PARK
1.7 MILES FROSH 3.04 MILES VARSITY, JV**

BOYS' VARSITY RACE **78 RUNNERS** **Around 60, Sunny**

| No. | Name | Year | Time | Pace | Course PR | OA Place |
|-----|------------------------|-----------|--------------|-------------|----------------|-----------|
| 1 | Josh Moeckel | SR | 16:09 | 5:18 | NEW PR (1 SEC) | 11 |
| 2 | Jared Short | SR | 16:37 | 5:27 | 15:49 | 22 |
| 3 | Kevin Gideon | JR | 16:38 | 5:28 | 16:14 | 24 |
| 4 | Michael Messere | FR | 16:39 | 5:28 | NEW | 25 |
| 5 | <u>Michael Bashant</u> | <u>SO</u> | <u>16:56</u> | <u>5:34</u> | <u>16:27</u> | <u>32</u> |
| 6 | Shawn Rousseau | JR | 17:22 | 5:42 | 16:51 | 42 |
| 7 | <u>Jordan Braiman</u> | <u>SR</u> | <u>17:59</u> | <u>5:54</u> | <u>17:35</u> | <u>54</u> |

TEAM SCORING (12 Teams)

| | | |
|---|------------------|------------|
| 1 | Shenendehowa | 65 |
| 2 | Guilderland | 71 |
| 3 | Saratoga Sprgs | 75 |
| 4 | Shaker | 106 |
| 5 | Colonie | 110 |
| 6 | <u>BH-BL</u> | <u>113</u> |
| 7 | <u>Bethlehem</u> | <u>180</u> |

TEAM AVE TIME

16:35

1 - 5 SPR. 47 Sec.

BOYS' JV "A" RACE **181 RUNNERS** **Around 60, Sunny**

| No. | Name | Year | Time | Pace | Course PR | OA Place |
|-----|--------------------|-----------|--------------|-------------|-----------------------|------------|
| 1 | Luke Gobel | SO | 17:10 | 5:38 | 17:05 | 6 |
| 2 | Malcolm Grandon | SR | 17:23 | 5:43 | 17:18 | 12 |
| 3 | Bobby Killeen | SO | 17:29 | 5:45 | NEW PR (8 SEC) | 15 |
| 4 | Rob Bashant | SR | 17:55 | 5:53 | NEW PR (19 SEC) | 29 |
| 5 | <u>Sam Suski</u> | <u>SR</u> | <u>18:02</u> | <u>5:55</u> | <u>NEW PR (4 SEC)</u> | <u>33</u> |
| 6 | Jake Thurnau | JR | 18:05 | 5:56 | NEW PR (19 SEC) | 35 |
| 7 | <u>Adam Frewin</u> | <u>SR</u> | <u>18:09</u> | <u>5:58</u> | <u>17:59</u> | <u>37</u> |
| 8 | Jack Test | SO | 18:28 | 6:04 | 17:56 | 49 |
| 9 | James Humphrey | JR | 19:15 | 6:19 | 19:14 | 77 |
| 10 | Gavin Vlainich | JR | 19:21 | 6:21 | 17:35 | 90 |
| 11 | Mike Hackenberg | JR | 20:18 | 6:40 | 20:14 | 126 |
| 12 | <u>Jack Widrig</u> | <u>JR</u> | <u>26:01</u> | <u>8:34</u> | <u>21:48</u> | <u>179</u> |

TEAM SCORING (10 Teams)

| | | |
|---|---------------|-----------|
| 1 | Shenendehowa | 17 |
| 2 | Colonie | 69 |
| 3 | <u>BH-BL</u> | <u>88</u> |
| 4 | <u>Shaker</u> | <u>96</u> |

TEAM AVE TIME

17:35

1 - 5 SPR. 52 Sec.

BOYS' FROSH RACE **115 RUNNERS** **Low 50's, Cool, Sunny**

| No. | Name | Year | Time | Pace | Course PR | OA Place |
|-----|---------------------|----------|--------------|-------------|------------------------|-----------|
| 1 | Evan Brennan | 8 | 10:40 | 5:45 | NEW PR (10 SEC) | 4 |
| 2 | Tyler Berg | 8 | 10:49 | 5:50 | 10:45 | 9 |
| 3 | Aidan Gillooley | 8 | 10:59 | 5:56 | 10:57 | 18 |
| 4 | Nick Hunziker | 8 | 11:10 | 6:02 | NEW PR (16 SEC) | 20 |
| 5 | <u>Max Hussey</u> | <u>8</u> | <u>11:10</u> | <u>6:02</u> | <u>NEW PR (25 SEC)</u> | <u>21</u> |
| 6 | Logan Short | FR | 11:29 | 6:12 | NEW PR (5 SEC) | 31 |
| 7 | <u>Kevin Board</u> | <u>7</u> | <u>11:34</u> | <u>6:15</u> | <u>11:30</u> | <u>35</u> |
| 8 | David Metacarpa | 7 | 11:39 | 6:17 | NEW PR (23 SEC) | 37 |
| 9 | Ryan Sheppard | 8 | 11:44 | 6:20 | NEW PR (2 SEC) | 42 |
| 10 | Josh Jones | FR | 12:16 | 6:37 | NEW PR (4 SEC) | 60 |
| 11 | Matthew Sinnenberg | 8 | 12:18 | 6:38 | 12:14 | 62 |
| 12 | Dante Ubriaco | 7 | 12:39 | 6:50 | NEW PR (30 SEC) | 78 |
| 15 | Collin Brady | 8 | 13:33 | 7:19 | 13:27 | 98 |
| 14 | <u>Robbie Suski</u> | <u>7</u> | <u>13:34</u> | <u>7:20</u> | <u>13:22</u> | <u>99</u> |

TEAM SCORING (8 Teams)

| | | |
|---|------------------|------------|
| 1 | Niskayuna | 54 |
| 2 | Saratoga Sprgs | 58 |
| 3 | Shenendehowa | 60 |
| 4 | <u>BH-BL</u> | <u>62</u> |
| 5 | <u>Bethlehem</u> | <u>122</u> |

TEAM AVE TIME

10:57

1 - 5 SPR. 30 Sec.

